

Bulimia

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Bulimia

People that suffer from bulimia eat large amounts of food in a short amount of time.

Some of the reasons they do this are

- depression
- might feel guilty
- they are not happy the way they look
- lower self-esteem

In order to prevent themselves from gaining weight they will attempt to purge the calories through a variety of unhealthy methods. Some people have to be hospitalized due to to complication from repeated laxative abuse.



Facts:

- 90% of people with bulimia are women
- 10% are men
- people with bulimia have emotional and psychological problem



Physical Complications

- Damaged or discoloration of teeth
- weakness, irregular heart beat and kidney disease
- lung irritation
- chronic loss of fluids

Treatment

A person that has bulimia needs several types of treatments.

Some treatments can also be the help from someone such as friends or relative

